# **Periodontitis and Periodontal Therapy Info**

Your Hygienist and Doctor have diagnosed you with periodontitis and are recommending periodontal therapy. Below is an explanation of your diagnosis and the treatment required.



#### Periodontal Disease:

Periodontal disease is the infection of the gums and the bone. It is important to treat this disease as the gums/bone serve as the foundation for our teeth. Once diagnosed with periodontal disease you are classified as a patient with periodontal disease. Periodontal disease **cannot be eliminated**, **only controlled**. It is important to commit to our treatment and our treatment maintenance program to achieve optimal results.

Your Hygienist and Doctor have **recommended periodontal therapy** in order to treat your periodontal disease.

Your periodontal care will require sessions with your hygienist.			
Session 1:	Session 2:	Session 3:	Session 4:

## After Therapy is Completed:

After treatment is completed, it is recommended that you see your hygienist **every 3 months** for **periodontal maintenance**. Because you have been diagnosed with periodontitis your 6-month standard cleanings have now been replaced with **3-month periodontal maintenance appointments**.

### **Frequently Asked Questions:**

## "If I go through therapy, will I have to go through it again?"

We do not project repeated therapy. Your commitment to a diligent home care regimen and three-month periodontal maintenance appointments minimizes the risk of recurrence and need for repeated therapy.

#### "Will I ever be able to have cleanings every 6 months again?"

At every 3 month periodontal maintenance appointments your hygienist will evaluate the health of your gums/bone and your homecare. With the doctor, the hygienist will determine the need for 3 month or 6 month visits.